

IMPROVERS SCHEDULE

- **Dec 3rd** - Out & Back
- **Dec 10th** - Strava ART RUN!
- **Dec 17th** - Circular 5k
- **Dec 24th 7am** - Strava ART RUN!
Don't forget your Christmas Hats
- **Dec 31st 7am** - Circular 5k

DEC 2024

FOR MORE DETAILS VISIT WWW.RUNLIKEAGIRL.ORG.UK



£3 per session.

Improvers sessions must be booked in advance. Routes are emailed out on the day.